



Sevadal Education Society's

NAAC RE-ACCREDITED WITH 'A' GRADE

SEVADAL MAHILA MAHAVIDYALAYA

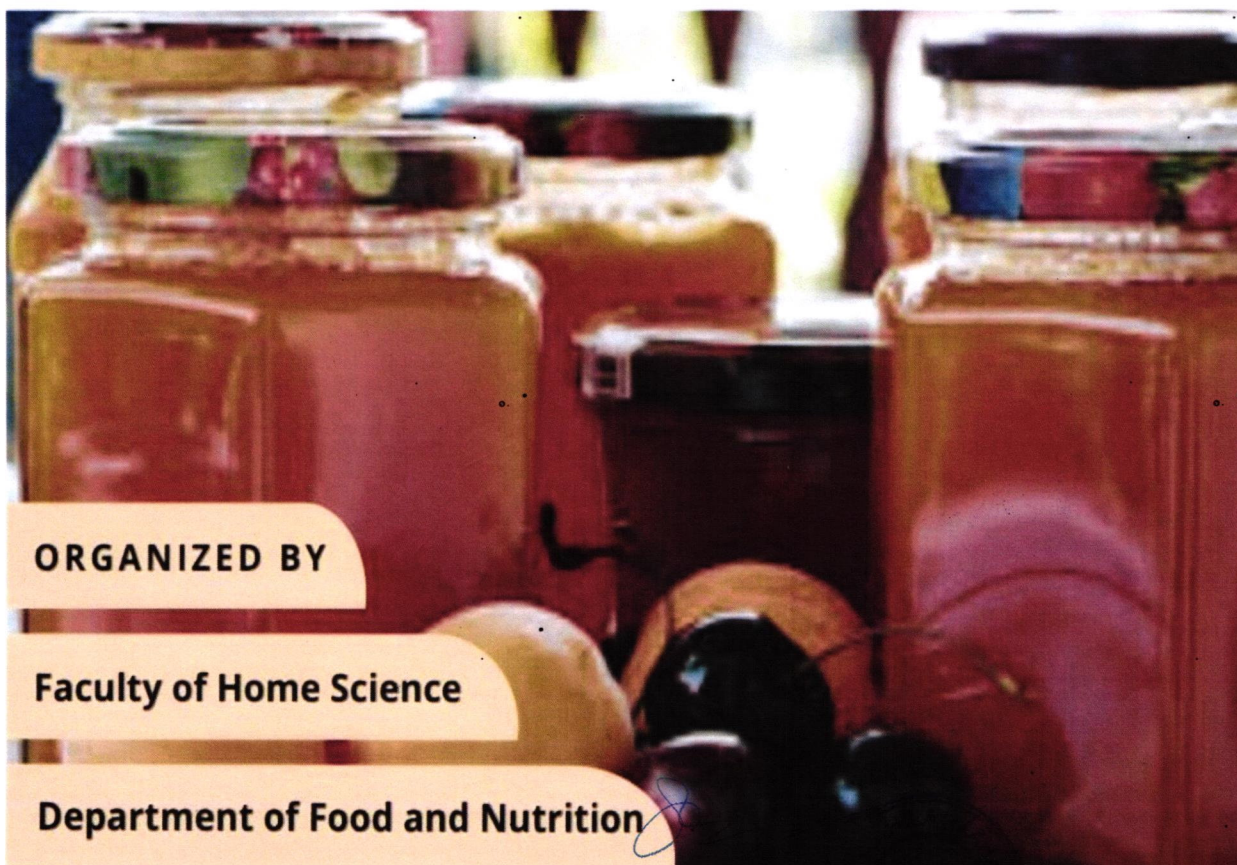
Place for Higher Learning & Research (Research Academy)

Sakkardara Square, Umrer Road, Nagpur-440024

<http://sevadalmaahilamahavidyalaya.ac.in>

REPORT OF WORKSHOP ON FRUIT AND VEGETABLE PRESERVATION

2018- 2019



ORGANIZED BY

Faculty of Home Science

Department of Food and Nutrition

Principal
Sevadal Mahila Mahavidyalaya
Umrer Road, Nagpur-9.



Sevadal Mahila Mahavidyalaya and Research Academy, a renowned educational Institute was established in 1992, under the Founder President Shri Kesharaoji Shende with the noble mission of imparting education to girl students. Education to women can change not only their lives but also of their entire family is a well-known proverb and the said cause is a mission of the Institution. Presently, institution is marching ahead under the dynamic leadership of our President Hon'ble Shri Sanjayji Shende, by his administrative prowess and radical methods, spearheaded the institution to its glorious achievements. At present, the college has been re-accredited by NAAC, Bangalore with 'A' Grade. The college offers various programmes in the faculties of Science, Home Science and Social Science at Under-graduate and Post-graduate level. The college offers Doctoral research programmes in subjects Environmental Science, Zoology, Chemistry and Microbiology.

INTRODUCTION

Food security and food availability are two vital aspects for the growth and development of a nutrient rich society. To ensure food security and availability of adequate food to vast population of our country it is required that emphasis should be laid down on food processing and food preservation technique which would help in addressing the problem of food wastage and food longevity. The efficiency in food distribution system, decreasing the production cost, increase in exports, rationing of food during war and disaster etc. can be achieved through effective methods of managing wastage of food. Food processing and food preservation technique increases the shelf life of the food products by reducing or deferring the growth of microorganisms and thereby slowdown the process of oxidation of fats present in food. In order to impart the knowledge of food preservation to the students, the College has organized a workshop on Food Preservation for the students of B.Sc. Home science, second year from 28th of January to 01st of February 2019.

AIMS AND OBJECTIVES

1. To make understand the students the basics of food preservation.
2. To impart knowledge about the scientific techniques of fruit and vegetable preservation.
3. To train the students with requisite skills of preservation of ketchup, squash, jam, sauce and chutney.



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INAUGURAL FUNCTION

The college organized a five-day workshop on “Food Preservation” from 28th January 2019 to 01st of February 2019 under the Department of Food and Nutrition. On the onset of inaugural function Dr. Mrs Meghali M. Joharapurkar welcomed the guests and students and fore grounded the theme of the workshop.

The guests of the inaugural function, Mrs. Anjali Singh Demonstration Officer, from Ministry of Women and Child Development, Government of India, Community Food and Nutrition Education Unit, Nagpur presided over the function. Dr. Joharapurkar delivered the introductory address and then the demonstrator officer Mrs. Singh addressed the students participating in the workshop. She highlighted the need of food preservation in today’s food supply chain and stressed upon the reduction of food wastage through different preservation methods.

WORKSHOP SESSION

The workshop was a 5-day event having theme on “Fruit and Vegetable Preservation” and the workshop was attended by 37 students.

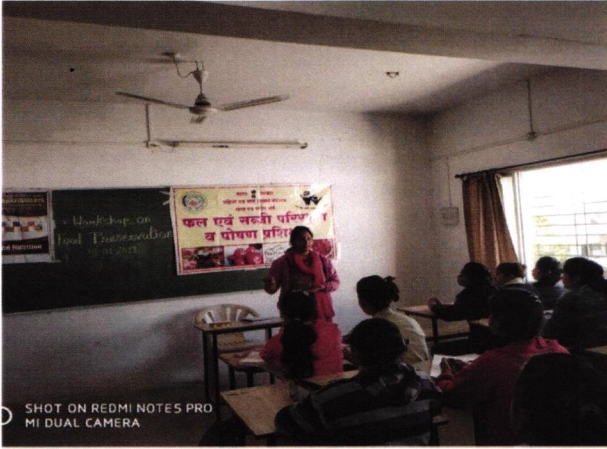
Students from B.Sc. (Home Science) Semester IV participated in the workshop. Mrs. Anjali Singh threw light on basic purpose of fruit and vegetable preservation and elaborated on the particulars of preservation and preparation of recipes of jams, jellies, pickles, sauces, ketchups, chutneys and candies. She explained some of the methods which are usually adopted for preserving food and vegetables like dehydration, preservation with salt, sugar, vinegar and chemical preservatives. After giving elaborative information on the subject, she gave some basic instructions regarding the conduct and hygiene. After this the pre-preparations for the different demonstrations were carried out by the students under the guidance of demonstrator.

For all demonstrations a theoretical session was conducted where the ingredients and method of recipes were taught. Then the recipes of jams, jellies, pickles, sauces, chutneys and candies were demonstrated. Mrs. Singh also explained the students about the plate test of jams and jellies during the demonstration.




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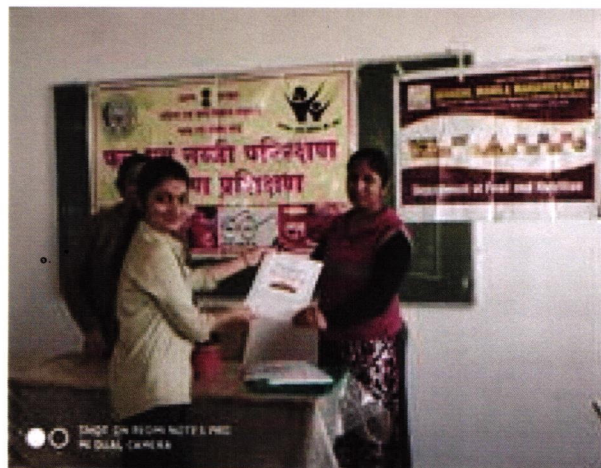
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Principal

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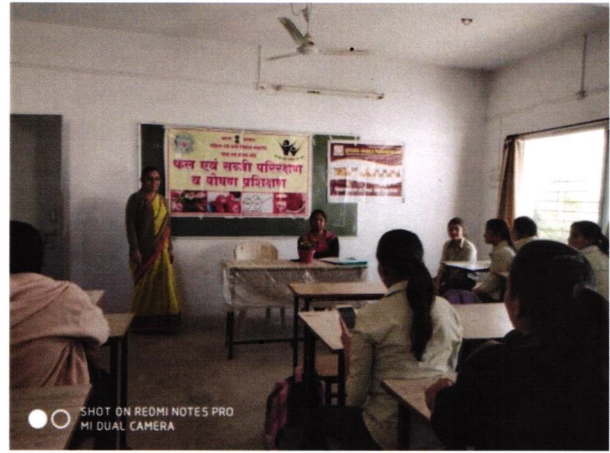
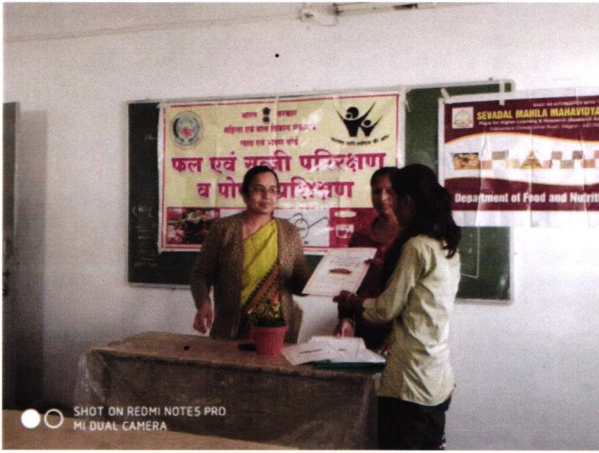


VALEDICTORY FUNCTION

Mrs. Singh was the guests of the valedictory function. Dr. Mrs. Meghali M. Joharapurkar welcomed the guest with saplings. Mrs. Singh remarked that the workshop is of immense importance, as students get acquainted with hands on training and skills required for preparation of jams, jellies, pickles, sauces, chutneys and candies. As a mark of participation in workshop, the students were given certificates for successfully attending and taking part in the workshop. On behalf of College and Department Dr. M. Joharapurkar proposed a vote of thanks.




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Sakkaradara Square, Umrer Road, Nagpur

LIST OF PARTICIPANTS

| Sr. No. | Name of Participants | Name of College |
|---------|---------------------------------|------------------------------|
| 1 | Ku. Aakansha Shivaji Paithankar | Sevadal Mahila Mahavidyalaya |
| 2 | Ku. Akanksha Rambihare Shivhare | Sevadal Mahila Mahavidyalaya |
| 3 | Ku. Akshta Arjunrao Meghre | Sevadal Mahila Mahavidyalaya |
| 4 | Ku. Amruta Jageshwar Bhute | Sevadal Mahila Mahavidyalaya |
| 5 | Ku. Ankita Mahendraji Uchake | Sevadal Mahila Mahavidyalaya |
| 6 | Ku. Ankita Tulsidas Gour | Sevadal Mahila Mahavidyalaya |
| 7 | Ku. Ashruta Sunil Gedam | Sevadal Mahila Mahavidyalaya |
| 8 | Ku. Ashwini Durgesh Uvanate | Sevadal Mahila Mahavidyalaya |
| 9 | Ku. Chitrarekha Khemraj Gabhane | Sevadal Mahila Mahavidyalaya |
| 10 | Ku. Dhanshri Sudhirrao Pohankar | Sevadal Mahila Mahavidyalaya |
| 11 | Ku. Divesha Sanjay Moudekar | Sevadal Mahila Mahavidyalaya |
| 12 | Ku. Divyani Suresh Raut | Sevadal Mahila Mahavidyalaya |
| 13 | Ku. Ekta Anilrao Yelkar | Sevadal Mahila Mahavidyalaya |
| 14 | Ku. Ekta Nandkishore Yadav | Sevadal Mahila Mahavidyalaya |
| 15 | Ku. Hemangi Kirtikumar Makwana | Sevadal Mahila Mahavidyalaya |
| 16 | Ku. Kajal Parmanand Wahane | Sevadal Mahila Mahavidyalaya |
| 17 | Ku. Kalyani Bhagwanji Urkude | Sevadal Mahila Mahavidyalaya |
| 18 | Ku. Kaushambi Siddharth Borkar | Sevadal Mahila Mahavidyalaya |
| 19 | Ku. Komal Gajanan Kadam | Sevadal Mahila Mahavidyalaya |
| 20 | Ku. Mayuri Kawduji Yeole | Sevadal Mahila Mahavidyalaya |
| 21 | Ku. Mayuri Parmeshwar Sonkusare | Sevadal Mahila Mahavidyalaya |
| 22 | Ku. Neha Walmik Jambhulkar | Sevadal Mahila Mahavidyalaya |
| 23 | Ku. Payal Gajanan Kolharkar | Sevadal Mahila Mahavidyalaya |
| 24 | Ku. Prajakta Ramesh Lakkewar | Sevadal Mahila Mahavidyalaya |
| 25 | Ku. Priti Rajendra Sangidwar | Sevadal Mahila Mahavidyalaya |



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| | | |
|----|------------------------------------|------------------------------|
| 26 | Ku. Priya Kishor Thakare | Sevadal Mahila Mahavidyalaya |
| 27 | Ku. Rashmi Anand Gupta | Sevadal Mahila Mahavidyalaya |
| 28 | Ku. Pallavi Dnyaneshwar Waghmare | Sevadal Mahila Mahavidyalaya |
| 29 | Ku. Rishika Rajeev Mishra | Sevadal Mahila Mahavidyalaya |
| 30 | Ku. Rukhsar Parveen Mohammad Salim | Sevadal Mahila Mahavidyalaya |
| 31 | Ku. Samiksha Somnath Bhanarkar | Sevadal Mahila Mahavidyalaya |
| 32 | Ku. Shivani Sanjay Barsettiwar | Sevadal Mahila Mahavidyalaya |
| 33 | Ku. Shraddha Prashant Wasnik | Sevadal Mahila Mahavidyalaya |
| 34 | Ku. Shruti Kawduji Lekurwade | Sevadal Mahila Mahavidyalaya |
| 35 | Ku. Shubhangi Narendra Nakade | Sevadal Mahila Mahavidyalaya |
| 36 | Ku. Shubhangi Harichand Badge | Sevadal Mahila Mahavidyalaya |
| 37 | Ku. Sonali Manoj Dupare | Sevadal Mahila Mahavidyalaya |

MM Joharapurkar
Dr. Mrs. Meghali M. Joharapurkar
Head
Department of Food and Nutrition
Sevadal Mahila Mahavidyalaya, Nagpur



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Prof. Pravin Charde
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